



The Maharaja Sayajirao University of Baroda

Fatehgunj, Vadodara-390002, Gujarat (India)

Programme Structure Report

For

Faculty of Education & Psychology

Bachelor of Physical Education and Sports

NEP

for Academic Year :2025-2026

HPP			
Year/ Semester	Subject	Title	Credits
FSBPES I	Major: 1	Introduction & History of Physical Education	4
	Major: 2	Fitness and Wellness	4
	Minor :1	General Science application in P.E.	4
	MDC :1	Developing Creative Writing Skill in English	4
	AEC:1	Language: Hindi	2
	SEC:1	Track and Field I (Running)	2
	VAC :1 (IKS)	Indian Traditional Games	2
SSBPES I	Major: 3	Foundation of Physical Education	4
	Major 4	Yoga Science	4
	Minor :2	Anatomy and Physiology in Sports	4
	MDC :2	Atmospheric and Earth Science	4
	MDC: 2	Value Education	4
	AEC:2	Language: English Communication	2
	SEC:2	Mass Demonstration/ Drills	2
	VAC :2	Match Practice/ Conditioning/ Inter Faculty Tournament/ National-state and other tournaments	2
FSBPES II	Major :5	Health Education	4
	Major: 6	Recreation	4
	Major: 7	Adapted Physical Education	4
	MDC : 3	Computer Application in Physical Education	4
	AEC:3	Sports Event Management	2
	SEC:3	Track and Field II (Field Events)	2
	VAC:3	Indian Calisthenic Exercises	2
SSBPES II	Major :8	Kinesiology	4
	Major: 9	Methods in Physical Education	4
	Major: 10	Sports Nutrition	4
	Minor 3	Educational Technology	4
	AEC:4	Yoga Practice	2
	SEC:4	Team Games	2
	VAC:4	Management of Sports Facilities	2
FSBPES III	Major : 11	Fundamentals of Sports Training	4
	Major: 12	Sports Psychology	4
	Major: 13	Game Specialisation	4
	Minor: 04	Sports Technology	4
	Minor: 05	Sports Journalism	4
	SEC: 05	Team Games- II	2

SSBPES III	Major : 13	Sports Injuries and Rehabilitation	4
	Major: 14	Test and Measurement in Physical Education	4
	Major: 15	Organisation and Administration of Physical Education	4
	Minor: 05	Sports Project	4
		Sports Participation in Tournament	2
	Internship	Teaching and Coaching Internship	4
FSBPES IV	Major : 16	Sports Statistics	4
	Major: 17	Introduction to Research Methodology	4
	Major: 18	Game Specialization (Practical)	4
	Minor: 06	Principles of Officiating	4
		Officiating and Coaching	6
SSBPES IV	Major : 19	Exercise Physiology	4
	Major: 20	Sports Biomechanics	4
	Major: 21	Game Specialization- II (Practical)	4
	Minor: 07	Professional Preparation in Physical Education	4
		Dissertation	6